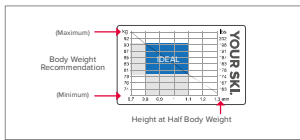


## WEIGHT RECOMMENDATION NORDIC SKIS

On our Pro and Redster ski range you will find a sticker on each ski that shows the individual characteristics of that ski. This includes its ideal weight range, based on the ski's specific length and flex. There are two different stickers, one for Classic and one for Skate.

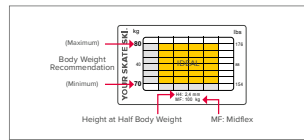
### CLASSIC

This sticker includes a color coding for different conditions: cold (blue), universal (yellow) or warm (red). The sticker shown below is for a cold ski which is recommended for skiers between 72 – 94 kg, perfectly suitable for 80 – 90 kg. In addition, there's a special sticker for Skintec (colour coding grey).



### SKATE

The sticker shown below is for a ski which is recommended for skiers between 70 – 80 kg, or 154 – 176 lbs.



RACE CLASSIC	kg	lbs	kg	lbs	kg	lbs	kg	lbs	kg	lbs	kg	lbs
<b>REDSTER C9 CARBON SKINTEC</b>												
AB002198 soft	50-60	110-132	50-60	110-132	60-70	132-154	65-75	143-165	75-85	165-187	-	-
AB002192 med	60-70	132-154	60-70	132-154	70-80	154-176	75-85	165-187	85-95	187-209	-	-
AB002200 hard	70-80	154-176	-	-	-	-	85-95	187-209	95-105	209-231	-	-
AB002202 hard	-	-	-	-	-	-	-	-	105-115	231-253	-	-
<b>REDSTER C9 SKINTEC</b>												
AB002184 soft	50-60	110-132	50-60	110-132	60-70	132-154	65-75	143-165	75-85	165-187	-	-
AB002182 med	60-70	132-154	60-70	132-154	70-80	154-176	75-85	165-187	85-95	187-209	-	-
AB002180 hard	70-80	154-176	-	-	-	-	85-95	187-209	95-105	209-231	-	-
AB002178 hard	-	-	-	-	-	-	-	-	105-115	231-253	-	-
<b>REDSTER C7 SKINTEC</b>												
AB002152 soft	50-60	110-132	50-60	110-132	60-70	132-154	65-75	143-165	75-85	165-187	-	-
AB002154 med	60-70	132-154	60-70	132-154	70-80	154-176	75-85	165-187	85-95	187-209	-	-
AB002156 hard	70-80	154-176	-	-	-	-	85-95	187-209	95-105	209-231	-	-
AB002158 hard	-	-	-	-	-	-	-	-	105-115	231-253	-	-
<b>REDSTER C5 CARBON</b>												
AB002190 UNI soft	-	-	45-55	99-121	50-60	110-132	60-70	132-154	70-80	154-176	-	-
AB002188 UNI med	45-55	99-121	55-65	121-143	60-70	132-154	70-80	154-176	80-90	176-198	-	-
AB002192 UNI hard	55-65	121-143	-	-	-	-	80-90	176-198	90-100	198-220	-	-
AB002194 COLD	-	-	-	-	45-55	99-121	55-65	121-143	65-75	143-165	-	-
AB002196 PLUS	45-55	99-121	-	-	50-60	110-132	60-70	132-154	70-80	154-176	-	-
<b>REDSTER C3 UNI</b>												
AB002148 UNI soft	-	-	45-55	99-121	50-60	110-132	60-70	132-154	70-80	154-176	-	-
AB002146 UNI med	-	-	55-65	121-143	60-70	132-154	70-80	154-176	80-90	176-198	-	-
AB002150 UNI hard	-	-	-	-	-	-	80-90	176-198	90-100	198-220	-	-
<b>REDSTER C7</b>												
AB002145 med	59-70	129-154	59-70	129-154	55-70	121-154	65-80	143-176	75-90	165-198	-	-
AB002144 hard	-	-	-	-	65-80	143-176	75-90	165-198	85-100	187-220	-	-
<b>RACE SKATE</b>												
<b>REDSTER S9 CARBON</b>												
AB002180 UNI soft	40-55	88-121	50-65	110-143	55-70	121-154	65-80	143-176	-	-	-	-
AB002182 UNI med	-	-	-	-	65-80	143-176	75-95	165-209	-	-	-	-
AB002184 UNI hard	-	-	-	-	-	-	80-100	187-220	-	-	-	-
AB002186 PLUS med	-	-	50-65	110-143	60-80	132-176	70-95	154-209	-	-	-	-
AB002188 PLUS hard	-	-	-	-	-	-	90-100	198-220	-	-	-	-
<b>REDSTER S9</b>												
AB002170 soft	40-55	88-121	50-65	110-143	55-70	121-154	65-80	143-176	-	-	-	-
AB002172 med	-	-	-	-	65-80	143-176	75-95	165-209	-	-	-	-
AB002174 hard	-	-	-	-	-	-	90-100	198-220	-	-	-	-
<b>REDSTER S7</b>												
AB002176 med	40-55	88-121	50-65	110-143	60-75	132-165	70-85	154-187	-	-	-	-
AB002178 hard	-	-	-	-	75-95	165-209	90-100	198-220	-	-	-	-
<b>REDSTER S5</b>												
AB002184	40-55	88-121	50-65	110-143	60-80	132-176	75-100	165-220	-	-	-	-

SPORT CLASSIC	kg	lbs	kg	lbs	kg	lbs	kg	lbs	kg	lbs	kg	lbs
<b>PRO C2 SKINTEC</b>												
AB002130 soft	50-60	110-132	50-60	110-132	60-70	132-154	65-75	143-165	75-85	165-187	-	-
AB002132 med	-	-	60-70	132-154	70-80	154-176	75-85	165-187	85-95	187-209	-	-
AB002136 hard	-	-	70-80	154-176	80-90	176-198	85-95	187-209	95-105	209-231	-	-
<b>PRO C2 SKINTEC</b>												
AB002106 med	55-65	121-143	55-70	121-154	60-75	132-165	70-85	154-187	80-95	176-209	-	-
AB002108 hard	-	-	70-85	154-187	80-95	176-209	85-95	187-209	95-105	209-231	-	-
<b>PRO C2 SKINTEC L</b>												
AB002110 med	50-60	110-132	50-70	121-154	60-75	132-165	65-75	143-165	-	-	-	-
AB002112 hard	-	-	70-85	154-187	75-90	165-198	-	-	-	-	-	-
<b>PRO C2 SKINTEC L</b>												
AB002108 med	55-65	121-143	55-70	121-154	60-75	132-165	70-85	154-209	75-90	165-220	-	-
AB002100 hard	-	-	70-85	154-187	-	-	-	-	100-115	220-253	-	-
<b>PRO C2 SKINTEC L</b>												
AB002104 med	50-60	110-132	55-70	121-154	60-75	132-165	65-75	143-165	-	-	-	-
AB002104 hard	-	-	70-85	154-187	75-90	165-198	-	-	-	-	-	-
<b>PRO C2</b>												
AB002114	55-65	121-143	55-70	121-154	60-75	132-165	70-85	154-209	75-90	165-220	-	-
<b>SPORT SKATE</b>												
AB002149	66 cm	172 cm	172 cm	178 cm	184 cm	184 cm	194 cm	194 cm	194 cm	194 cm	194 cm	194 cm
AB002149	66 cm	172 cm	172 cm	178 cm	184 cm	184 cm	194 cm	194 cm	194 cm	194 cm	194 cm	194 cm
AB002149	40-55	88-121	40-55	88-121	50-65	110-143	60-80	132-176	75-100	165-220	-	-
AB002148	66 cm	172 cm	172 cm	178 cm	184 cm	184 cm	194 cm	194 cm	194 cm	194 cm	194 cm	194 cm
AB002148	40-55	88-121	40-55	88-121	50-65	110-143	60-80	132-176	75-100	165-220	-	-
AB002148	66 cm	172 cm	172 cm	178 cm	184 cm	184 cm	194 cm	194 cm	194 cm	194 cm	194 cm	194 cm
AB002148	40-55	88-121	40-55	88-121	50-65	110-143	60-80	132-176	75-100	165-220	-	-
<b>TOURING MID SIZE</b>												
AB002192 med	50-65	110-143	50-70	121-154	70-85	154-187	80-95	176-209	90-100	198-220	-	-
AB002192 hard	-	-	-	-	80-95	176-209	90-100	198-220	-	-	-	-
<b>TOURING SHORT SIZE</b>												
AB002192 med	50-65	110-143	50-70	121-154	70-85	154-187	80-95	176-209	90-100	198-220	-	-
AB002192 hard	-	-	-	-	80-95	176-209	90-100	198-220	-	-	-	-
<b>JUNIOR</b>												
AB002148 JUNIOR	187 cm	187 cm	187 cm	187 cm	187 cm	187 cm	187 cm	187 cm	187 cm	187 cm	187 cm	187 cm
AB002148	25-35	55-77	30-40	66-88	35-45	77-99	40-50	88-110	45-55	99-121	45-55	99-121
AB002148	187 cm	187 cm	187 cm	187 cm	187 cm	187 cm	187 cm	187 cm	187 cm	187 cm	187 cm	187 cm
AB002148	50-60	110-132	-	-	-	-	-	-	-	-	-	-
AB002148	52 cm	133 cm	57 cm	146 cm	62 cm	160 cm	67 cm	174 cm	72 cm	183 cm	77 cm	197 cm
AB002148	182 cm	187 cm	187 cm	187 cm	187 cm	187 cm	187 cm	187 cm	187 cm	187 cm	187 cm	187 cm
AB002148	45-55	99-121	50-60	110-132	-	-	-	-	-	-	-	-
AB002148	128 cm	138 cm	148 cm	158 cm	168 cm	178 cm	188 cm	198 cm	208 cm	218 cm	228 cm	238 cm
AB002186	150 cm	160 cm	170 cm	180 cm	190 cm	200 cm	210 cm	220 cm	230 cm	240 cm	250 cm	260 cm
AB002182	30-40	66-88	35-45	77-99	40-50	88-110	45-55	99-121	-	-	-	-
AB002180	50 cm	100 cm	100 cm	110 cm	120 cm	130 cm	140 cm	150 cm	160 cm	170 cm	180 cm	190 cm
AB002180	0-15	0-23	0-30	0-44	15-25	33-55	20-30	44-66	25-35	55-77	-	-
AB002180	90 cm	100 cm	110 cm	120 cm	130 cm	140 cm	150 cm	160 cm	170 cm	180 cm	190 cm	200 cm
AB002196	0-15	0-23	0-30	0-44	15-25	33-55	20-30	44-66	25-35	55-77	30-40	66-88
AB002196	35-45	77-99	40-50	88-110	45-55	99-121	-	-	-	-	-	-
AB002196	150 cm	160 cm	170 cm	180 cm	190 cm	200 cm	2					